



香港賽馬會  
The Hong Kong Jockey Club

## **Jockey Club School Football Development Scheme**

Organiser: The Hong Kong Jockey Club

Partner: Manchester United Soccer Schools

Supported by: Hong Kong Football Association

Conducted by: Christopher O' Brien, Manchester United Soccer Schools Head Coach

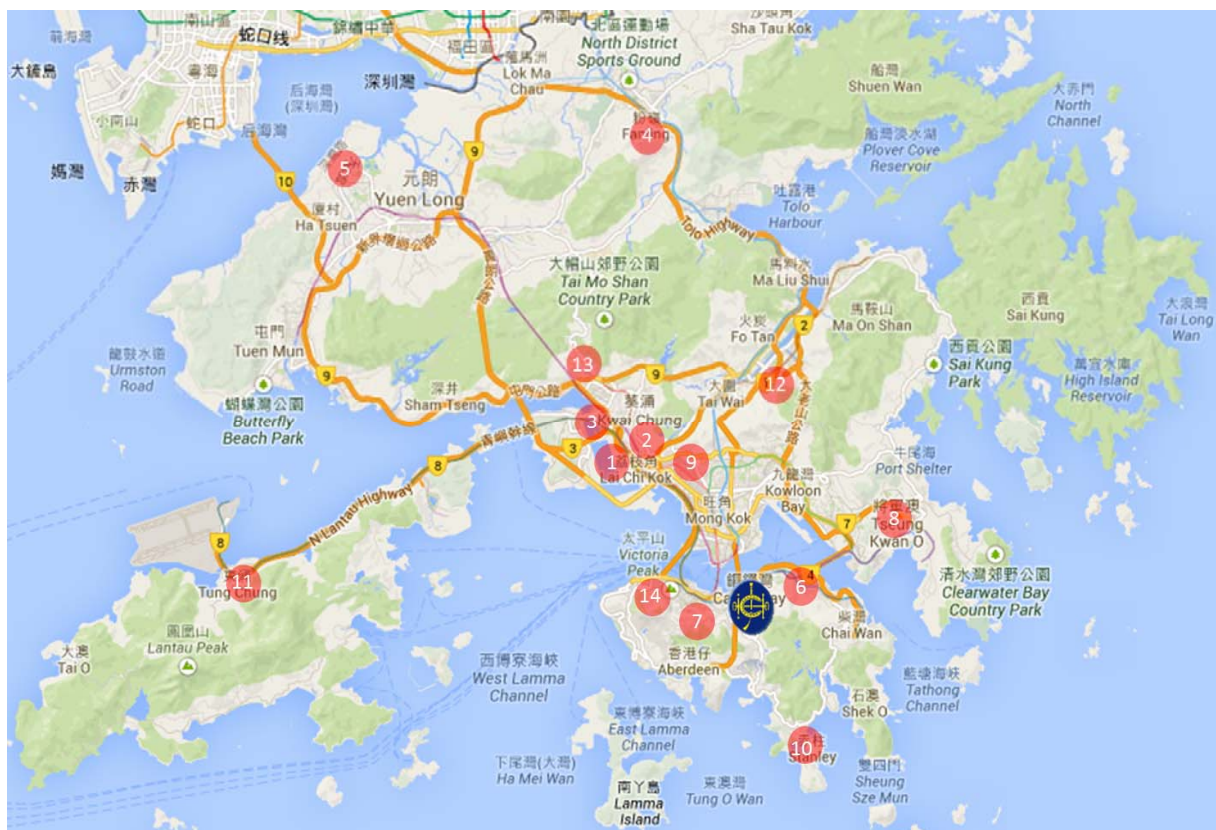
Period: November 2013 – March 2014

Description: Through The Hong Kong Jockey Club's partnership with Manchester United, Christopher O' Brien, Head Coach of Manchester United Soccer Schools (MUSS), will be stationed in Hong Kong to deliver a 5-month coaching education programme to 14 secondary schools' football team coaches in the following stages,

<b>Stages</b>	<b>Coach Education</b>	<b>School Training</b>
Stage 1 (Nov 2013)	<ul style="list-style-type: none"> <li>• MUSS coaching workshop - theories and philosophy in HK by MUSS coach</li> </ul>	
Stage 2 (Dec 2013 – Mar 2014)	<ul style="list-style-type: none"> <li>• Provide training session plan for coaches to adapt per team requirements</li> <li>• Minimum 5 visits to each school by MUSS coach to oversee training implementation for review and adjustments</li> </ul>	<ul style="list-style-type: none"> <li>• Regular visit to school training sessions with in-field mentorship advices by MUSS coach</li> <li>• Adopt MUSS philosophy to prescribe training programme per teams requirements</li> <li>• Physical assessment to school team players for training optimisation</li> </ul>
Outputs	<ul style="list-style-type: none"> <li>• MUSS accredited coaches in HK</li> <li>• Hong Kong youth oriented coaching curriculum</li> </ul>	<ul style="list-style-type: none"> <li>• Advisory on HK youth focused improvement programme design</li> </ul>



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Participating School List

1. HKSJC&IA Chan Nam Chong Memorial College
2. Nam Wah Catholic Secondary School
3. CCC Yenching College
4. St. Francis of Assisi's College
5. Queen Elizabeth School Old Students' Association Secondary School
6. St. Joan of Arc Secondary School
7. German Swiss International School
8. Shun Tak Fraternal Association Cheng Yu Tung Secondary School
9. The Hong Kong Management Association David Li Kwok Po College
10. St. Stephen's College
11. Ho Yu College & Primary School (Sponsored by Sik Sik Yuen)
12. Lam Tai Fai College
13. Tsuen Wan Government Secondary School
14. West Island School